# MINIMUM COURSE CONTENT

Advanced Water Diver, Level 2

## RSTA

**Recreational Scuba Training Agencies** 

www.rsta-international.org

### ENTRY LEVEL

#### **Application Requirements**

- Be at least 16 years old on the date of issue (authorization of the legal guardian for children under 18).
- Hold a pledge level 1 or a patent granted in equivalence.
- Have a minimum of 15 dives on the day of the patent application.
- Be in possession of a medical certificate of non-cons-indication to the practice of underwater diving established for less than 1 year.

## THE COURSE

#### EQUIPMENT

#### **LECON 1: Revisions**

Revision of the diver's knowledge \*

#### **LESSON 2: Orientation**

The orientation.

Pins.

Compass or compass.

Underwater navigation.

#### **LECON 3: Research - Recovery**

Search and recovery

Limit of search

Research technique.

Equipment.

The nodes.

#### **LESSON 4: Deep Diving - Night Diving**

Deep dive.

Diving with bearings.

Night dive.

Diving from a boat.

#### **LESSON 5: Rescue**

The saving.

The assistance.

Rescue.

Planning.

#### **LESSON 6: Review**

This examination is based on a multiple choice form.

Types (materials of the loop and the belt) Weight (shape and weight units) Use

#### NATURAL ENVIRONMENT

#### NATURAL ENVIRONMENT 1

- ► Go back to the compass
- ► Course in triangle, square or rectangle (to choose).
- ▶ Raise and tow a diver over 50 meters.
- ▶ The recording in the logbook.

#### NATURAL ENVIRONMENT 2

- Search and recovery of object (use of the parachute lift)
- ▷ On 500 m, travel by snorkel breathing.

#### NATURAL ENVIRONMENT 3

- ▶ Diving at night or at poor visibility
- ▶ Go down in full water, with diving suit, on a bottom of 15 to 20 m.

#### NATURAL ENVIRONMENT 4

- ▶ Deep dive at 30 meters maximum.
- ▶ Maintenance of a bearing without other marks than personal instruments.
- ► Use of the landing gear