

MINIMUM COURSE CONTENT

Scuba Instructor level 1

RSTA

Recreational Scuba Training Agencies

www.rsta-international.org

ENTRY LEVEL

Application Requirements

- Be at least 18 years old
- Have been a diver for at least a year.
- Have at least 100 dives in total, including 20 to 40 meters.
- Hold a Level 4 patent or an equivalence patent.
- Be in possession of a medical certificate of non-cons-indication to the practice of underwater diving established for less than 1 year.
- Have a first aid certificate of less than two years.
- Have liability insurance.
- Experience in: night diving, deep diving, navigation, search, recovery, departure from a boat, at sea. The course

Entrance examination

Problem solving in dive tables.

Problem solving in dive tables.

Symptoms and immediate treatment of diving accidents.

Applied Physics and diving.

Applied Physiology and diving.

Equipment.

Rescue.

Knots.

Concepts of marine navigation.

Organizing and planning a dive.

THE COURSE

THEORETICAL

Pedagogical courses

Theoretical presentations in class. (Minimum 4)

PROTECTED ENVIRONMENT

Pedagogical courses

Perform Diver* exercises in a demonstrative way. (Minimum 4)

Presentation of protected environment for divers*.

NATURAL ENVIRONMENT

Pedagogical courses

Presentations of Natural Environment for divers* and divers**.

EXERCISES WITH THE AQUALUNG

800 metres free in less than 18 minutes

Rescue a diver in the water and on the surface

The candidate must demonstrate, to an instructor trainer / evaluator, the preparation of the courses, theoretical presentation, presentation protected environment and presentation natural environment.